

THE DRAGON PRIDE

Welcome to the April 2009 edition of the Sac High Alumni Dragon Pride e-Newsletter. For previous editions of the Dragon Pride, please visit www.sachighalumni.org.

In this edition you will find information about:

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Events

April Calendar of Events

4/4	ACT Testing at Sac High Sac High Open House
4/18	2009 Senior Prom Dragon Camp (for ages 10-14)
4/13	Booster Club Meeting
4/22-4/23	California Standardized Testing (CST)
4/25	1940 Class Reunion
4/25-4/26	Relay for Life Walkathon
4/28-4/30	California Standardized Testing (CST)
4/3-5/2	Dance 2009

Sac High Open Houses

Sac High is still enrolling for the 2009-2010 school year. All students in grades 9-12 from all school districts are welcome and encouraged to attend one of the upcoming open houses to ask questions, meet current students and teachers, and tour the campus:

Saturday, April 4, 2009 (12-2pm)
Saturday, May 9, 2009 (12-2pm)
Saturday, June 6, 2009 (12-2pm)
Saturday, July 11, 2009 (12-2pm)

For more information visit www.sachigh.org



AMERICAN CANCER SOCIETY RELAY FOR LIFE

Celebrate.

Remember.

Fight Back.

Students Participate in Breast Cancer Walkathon

More than 100 Sac High students and faculty are preparing to participate in the East Sacramento Relay for Life to support Breast Cancer. The 24-hour event sponsored by the American Cancer Society will take place on the track at Sac High at 9am on Saturday, April 26 and end with a closing ceremony at 9am Sunday, April 27th. Participants will work as a team to walk continuously for 24 hours throughout the night. For more information or to learn how you can support the cause through this event, please contact Nanci Fassio in the Sac High front office at (916) 277-6200.

Free Dragon Camp

Close to 100 kids ages 10-14 are expected to attend the 2nd annual Dragon Camp at Sac High on Saturday, April 18. The free camp is sponsored by St. HOPE Public Schools and allows potential Sac High students from around the Sacramento community to spend time on campus and participate in camps built around the themes of the four small schools offered at Sac High (Arts; Business & Communications; Law & Public Service; Math, Engineering & Health Sciences).

The half-day event will feature between 8-12 camps including cheerleading, photography, News 10 commercial production, science exploration, Sac PD criminal justice and Sac Fire Dept. fire safety.

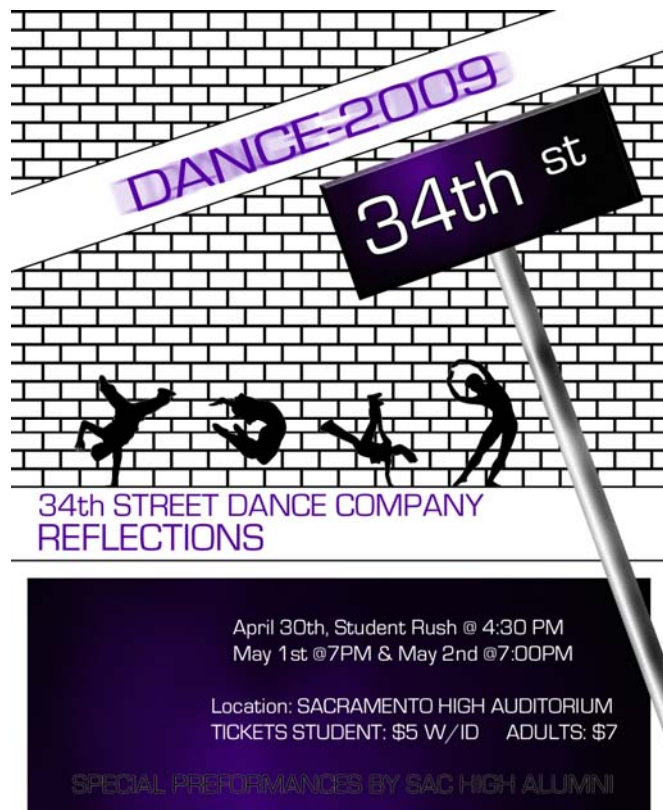
For more information or to register a student, please visit http://www.sachigh.org/upcoming_events.htm.

Best of Sac High at 40 Acres Art Gallery

The 40 Acres Art Gallery is pleased to present its sixth annual "Best of Sac High" opening April 10 from 5-8pm. This year's exhibit showcasing artwork from nearly 100 Sac High students has a strong focus in the digital media. In a climate of state cuts in education, we are fortunate to continue with a strong arts program at Sac High. Although there have been changes in the types of media taught, students are learning techniques, skills and expanding creativity to non-traditional avenues, such as digital photography and graphic technology. Students are seizing the opportunity to do more with their expertise by creating art using Photoshop, In Design, Illustrator and Web design software.

As always, we extend a special note of gratitude to our sponsors and contributors to the *Best of Sac High*, including sponsors Bank of America, St. HOPE, and the Sacramento Metropolitan Arts Commission. Additionally, project support was generously provided by University Art and Utrecht Art Supplies, who each contributed awards for our winning artists.

Congratulations to all the students that were accepted into the competition. We thank you for being a part of this continued partnership by doing your best artwork each year. To all of the students at Sac High, continue seeking opportunities to express your creativity.



Performers Prepare for Dance 2009

Come out to support Sac High dancers April 30 – May 1 as they showcase works from past and present. Members of 34th Street Dance Company as well as guest artists will perform as a testament to the dancers' will to preserve what has come to them and their commitment to continue the legacy.

Reflections brings together individuals with a mission to build community through this powerful art of dance responding with purpose and growing artistically. With the strength of the current generation, *Reflections* will move forward adding to the richness of life, our liberties and our world. Tickets are \$5 for students and \$7 for adults. Special performance by Sac High alumni!

News

Sac High Dragons named All-Metro League

The Sac High boys and girls basketball teams finished the season strong with an appearance in the Division III Nor Cal Playoffs. Despite a valiant effort, the girls were defeated by St. Mary's of Stockton in the second round while the boys were just short of becoming Nor Cal Champions before their final loss to Sacred Heart Cathedral of San Francisco.

Both teams deserve a tremendous amount of credit for their outstanding seasons. The boys team finished 3rd with a 26-7 record and the girls finished 2nd with a record of 23-10 in the Sac Metro Conference Division III. The entire Sac High community is extremely proud of the teams including the following players who were named to the Sacramento Bee All-League teams:

Boys All-Metro	Girls All-Metro
Chase Tapley (Sr., G) – 1 st Team	Erika Barnes (Jr., F/C) – 1 st Team
Josiah Turner (So., G) – 2 nd Team	Brittany Shine (Jr., G) – 1 st Team
Travon Abraham (Jr., G) – Honorable Mention	Kyra Dunn (Jr., C) – 3 rd Team
	Katrina Salinas (Jr., G) – Honorable Mention

Sac High Students Need Professional Clothes

On Thursday, April 2nd the Sac High Street Law class will go to the UC Davis Law School as part of Ceaser Chavez week celebration. The La Raza Law Student Association is asking us to participate in a clothing drive to get clothes for students going to Immigration Court.

Please bring any old (but nice) professional dress clothes to the Sac High Front Office on Tuesday (4/7) and Wednesday (4/8) of next week. Thank you for your support!

Sac High Science Team Receives Grant

During spring break, members of the Hands on Trees (H.O.T.) club presented to a panel of judges at the Secretary of State building for the Grants Advisory Board for Youth (GABY) grant.

The entire club worked tirelessly for three weeks to write the formal grant proposal to support an environmental perspective advocating greening the Sac High community, that including the budget analysis and project timeline.

On the day of the presentation, several students stopped by Ms. Costanzo's room to help coach the team by serving as a mock panel. With uniforms tucked-in neatly, the team made the school proud when it came time for the actual presentation later that evening. They presented to a panel of approximately 100 people including the assistant to Lt. Governor John Gerimendi. They spoke eloquently and professionally as teacher lead Ms. Costanzo's cried tears of pride. Following their presentation, each student answered follow-up questions with complete answers without hesitation.

Their work was all worth it, when it was announced Sac High had received the \$500 award. Congratulations to Ms. Costanzo and all of the members of the Sac High H.O.T. Club.

College Update from the Class of '08

With the highest percentage of students being accepted into a 4-year college, the Class of '08 has already begun the next phase of their life. We will share some of their stories as they embark on new adventures.

From: Lizette Enriquez

To: Current Sac High Students

Date: March 25, 2009

My name is Lizette Enriquez I am a Sac High alumni class of 2008, currently attending the California State University of Sacramento. I'd have to say I'm doing very well in school. I am currently taking courses that fulfill the requirement to major in Government as well as in General Education.

During the first semester of college I had a rough start, but I didn't give up, and now the tables have turned. At Sac High I was taught to never give up and strive for my goals no matter what walls I run into. Some of my classes are as early as 7:30am. Even now, in my second semester I am taking a 7:30 am class every Tuesday and Thursday. I don't think I would be able to have the determination and self discipline to arrive fifteen minutes early if it wasn't for classes that I attended at Sac High. For example Leadership 101 and Leadership 110 beginning at 6:45 a.m. taught by our very own Mayor Kevin Johnson. Sac High over all prepared me physically and mentally. The leadership class helped me gain a better work ethic and improve my social skills, and time management. I am thankful for the many teachers and staff who persistently lent a hand when I needed help.

Through my years as a Sac High Dragon I consistently embodied the schools motto "Service for others" and have truly been taught the importance of giving back to those in need of help. By interning for the nonprofit St. Hope, I learned to work hard and take care of business. The students from Sac High and the staff at St. HOPE always demonstrated a service for the community. Being in an environment of humbleness proved that a school like Sac High and the St. HOPE organization can have can truly have an effect on its students like me.

When I come across a dilemma in college I review from what I've learned during my high school years and do my best to solve them. I appreciate the time and effort from every staff member as well as my former fellow students. Thank you for always being there and giving me a wonderful and memorable experience.

Lizette Enriquez
Sacramento State University

Looking for Classmates

The Class of 1979 has begun the planning for a reunion. Please contact Deb (Stark) Betley for more information or to register your name. debbbers68@comcast.net or (916) 361-5554.

Class Reunions

Upcoming Reunions

Class of 1940

Date: Saturday, April 25, 2009
Location: Dante Club (2330 Fair Oaks, Sacramento, CA)
Price: \$24/person
Contact: Rita Doherty (916) 489-4832 or info to Mary Ellen Fort (916) 971-3434

Class of 1959

Date: Friday, October 2, 2009
Location: Embassy Suites Sacramento - Riverfront Promenade
Contact: Martin Mortensen mmortensen@suddenlink.net

Class of 1960

Date: September 24-26, 2010
Location: TBD
Contact: Donal Smith sachighclass1960@sachigh1960.org

Class of 1969

Date: Friday, July 24, 2009 from 7-12pm (Doors open at 6:30pm)
Location: Croatian American Cultural Center (3730 Auburn Blvd., Sacramento, CA)
Cost: \$60
Contact: Gilbert Ayala Gilbertayala@hotmail.com or (916) 685-2865
Chairlean (Berkley) Hampton Chairlean@sbcglobal.net or (916) 204-8800
Mike Radman Mykeradman@aol.com (916) 689-4685 or (916) 833-8060
Rhonda (Rogers) Morris-Henderson Rhondap2428@aol.com or (916) 425-0401
Bruce Nelson Hatch69@sbcglobal.net or (916) 448-8831

Class of 1979 (NEW!!)

Date: TBD
Contact: Deb (Stark) Betley debbbers8@comcast.net or (916) 361-5554

Recent Reunions

Class of 1973

Date: November 8, 2008
Location: Elks Lodge (6446 Riverside Blvd., Sacramento, CA)

Contact: Linda Patton-Finch (916) 654-8701

Class of 1998

Date: November 29, 2008

Location: Cattlemens Restaurant (12409 Folsom Blvd., Rancho Cordova, CA)

Contact: Talaina Brown talaina@bellsouth.net or 678-760-6638

Sac High In the News

Recent Headlines

March 27, 2009

All-league teams: Winter prep sports

The Sacramento Bee

<http://www.sacbee.com/preps/story/1732451-p2.html>

March 27, 2009

Girls All-Metro

The Sacramento Bee

<http://www.sacbee.com/sports/story/1729732.html>

March 27, 2009

Boys All-Metro

The Sacramento Bee

<http://www.sacbee.com/sports/story/1729734.html>

March 19, 2009

Former area preps living NCAA dream

The Sacramento Bee

<http://www.sacbee.com/sports/story/1711904.html>

March 16, 2009

NIT selections include seven local basketball players

The Sacramento Bee

<http://www.sacbee.com/sports/story/1703892.html>

March 15, 2009

Sac High boys lose in NorCal basketball final

The Sacramento Bee

<http://www.sacbee.com/sports/story/1700651.html>

March 15, 2009

Marty Mac's World: Sac High beaten at own game

The Sacramento Bee

<http://www.sacbee.com/sports/story/1700878.html>

March 7, 2009

Depleted Dragons rely on their character

The Sacramento Bee

<http://www.sacbee.com/sports/story/1679990.html>

March 7, 2009

Sac High girls again runners-up to St. Mary's

The Sacramento Bee

<http://www.sacbee.com/sports/story/1679980.html>

Go Dragons!

Sac High Alumni Relations

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