

# THE DRAGON PRIDE

Welcome to the March 2009 edition of the Sac High Alumni Dragon Pride e-Newsletter. For previous editions of the Dragon Pride, please visit [www.sachighalumni.org](http://www.sachighalumni.org).

In this edition you will find information about:

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## Events

### **Golf Tournament to support Sac City Student and Teachers**

Sacramento Focus on Assets & Children's Educational Success (FACES) is sponsoring the first annual Sacramento City Unified School District Golf Tournament to support the students of the SCUSD.

Date: Saturday, March 28, 2009

Time: 9:00am Shotgun Start

Location: Bartley Cavanaugh Golf Course (8301 Freeport Blvd., Sacramento)

Cost: \$75.00 per person

Scramble format

To register, or information about sponsorship opportunities, please contact Gayle McKnight or Tom Barenston at (916) 643-9055 or [gaylemc@sac-city.k12.ca.us](mailto:gaylemc@sac-city.k12.ca.us).

### **Sac High Dance Company to Host Fundraiser**

Come out to support Sac High's 34<sup>th</sup> Street Dance Company at the all-you-can-eat pancake breakfast on Saturday, March 7 from 8:30am – 12:30pm. Proceeds will benefit 34<sup>th</sup> Street Dance Company's spring dance performance. Tickets are \$8/Adults; \$7/Students; \$6/Children and the event will be held at Sac High. In addition to hot buttermilk pancakes, students will be serving sausage, scrambled eggs with tomatoes, baked herbed potatoes, fresh fruit, Starbucks coffee, juice and tea. For more information contact Ms. Chanthou Lam at (916) 275-9647.

## Sac High Open Houses

Sac High is now enrolling for the 2009-2010 school year. All students in grades 9-12 from all school districts are welcome and encouraged to attend one of the upcoming open houses to ask questions, meet current students and teachers, and tour the campus:

Saturday, March 7, 2009 (12-2pm)

Saturday, April 4, 2009 (12-2pm)

Saturday, May 9, 2009 (12-2pm)

Saturday, June 6, 2009 (12-2pm)

Saturday, July 11, 2009 (12-2pm)

For more information visit [www.sachigh.org](http://www.sachigh.org)

## Dragons return to Arco



**Sacramento High's Brittany Shine (Jr.) is lifted up by classmate Kei'Vaughn Barrett (Sr.) after making a key jumper with 1:40 left in the game to help hold off Vanden. (Photo by Carl Costas)**

Both the boys and girls basketball teams return to Arco for the Sac-Joaquin Division III Championship this Friday, March 6. After a commanding victory over Del Oro (60-35) in Galt, the Lady Dragons who are currently ranked #3 move on to play rival St. Mary's for the League Championship. Tied for most of the game, the #1 ranked Sac High Boys Basketball team pulled through with a late run resulting in a victory over Whitney (62-47). The Boys will play Del Oro for the League Championship following the girl's game.

With or without a Sac-Joaquin Division III Championship, both the boys and girls teams will advance to the State Playoffs next week. Please visit [www.sachighathletics.org](http://www.sachighathletics.org) for score updates and playoff schedule information.

### Sac-Joaquin Division III Championship Game Information:

Date: Friday, March 5, 2009  
Location: Acro Arena  
Tickets: Adults \$17 / Students \$8  
Parking: \$12  
Excitement: Priceless!  
Time: 7:30pm – Sac High Boys vs. Del Oro  
9:00pm - Sac High Girls vs. St. Francis



**Sac High students with co-principals and Rev. Jesse Jackson**

### **Reverend Jesse Jackson Makes Special Visit to Sac High**

On Monday, March 2 civil rights leader Reverend Jesse Jackson stopped by Sac High during his 1-day trip to Sacramento. Well known for his participation in the 1965 Selma Montgomery marches organized by Dr. Martin Luther King, Jr. in Alabama, Rev. Jackson achieved wide fame as an African American leader and as a politician, as well as becoming a well-known spokesman for civil rights issues.

During his speech to the entire student body, Reverend Jackson discussed the importance of community service and the relevance of the Sac High motto: Service for Others. Inspired students energetically rose to their feet and chanted in unison to the positive messages spoken by Rev. Jackson as he explained how students can become leaders for their generation.

### **College Visit to Chico State University**

A group of Sac High Juniors are now considering applying for California State University, Chico, after their recent field lesson to the university. They started off with a wonderful tour of the campus where students were able to briefly participate in a music class. Next, they had a great presentation from an EOP representative who informed students about help that is available for all types of academic support once they get to college. They then had a tour of the dining hall where students were encouraged to eat as much as possible. Students had the opportunity to ask a panel of three Chico State students any questions they could think of regarding the transition from high school to college. Overall, the students asked significant questions about the campus and the college experience!

### **Sac High Students visit History Museum**

On Thursday, February 12, twenty-five Sac High students were invited to help celebrate the 200<sup>th</sup> birthday of the sixteenth President, Abraham Lincoln at the California Museum for History in downtown Sacramento. Both Mayor Kevin Johnson and Governor Arnold Schwarzenegger spoke endearing words of appreciation and respect for the great leader. The California Museum for History is the only museum in the western region to show this exhibit which officially opens on June 24, 2009.

## **Sac High Alumni Basketball**

Several Sac High Dragons are now playing Division I collegiate basketball. There's not much time, but you can still watch them play on National TV. Click on the following links to view their schedules:

Matt Johnson (Class of '05) – [Northern Arizona University](#)

Kevin Galloway (Class of '06) – [University of Kentucky](#)

Jessika Bradley (Class of '06) – [San Diego State University](#)

Fred Ellis (Class of '07) – [University of Baylor](#)

Vicki Baugh (Class of '07) – [University of Tennessee](#)

Coco Davis (Class of '07) – [San Diego State University](#)

## **College Update from the Class of '08**

With the highest percentage of students being accepted into a 4-year college, the Class of '08 has already begun the next phase of their life. We will share some of their stories as they embark on new adventures.

*From: Vong Thao*

*To: St. HOPE Staff*

*Date: January 13, 2009*

Dear St. HOPE and Sac High,

I am emailing you to tell you that I am doing well in college. The transition from high school to college is a big leap, but I am managing myself. Since I am used to prioritizing my time in high school, there is no problem for me living on my own here at Berkeley. Coming to Berkeley and experiencing everything allowed me to see more for myself what it takes to live in the real world.

Work and study are much more intense here than at Sac High. At Sac High I remember having a good size workload, but am able to complete without much trouble. After a couple of weeks into the semester, the intensity of the new workload caught my attention. No matter how much I finish, there is more work that I need start on. Mastery of the subject in the classes I signed up for was another difficult task. Going into my first semester in my College Writing class, I learned just how far behind I was in writing an analytical college level essay. Even though I manage to pass, I learned that I was not fully prepared academically.

Nevertheless, there are benefits from going to college. One example is college enables me to experience a new type of world. A world where I am in total control of myself and do not have anyone tapping me on the shoulder telling me what to do. With this limitless freedom, I can exercise, to my fullest, my abilities and knowledge. Plainly speaking, what I like about college is college allows me to better understand what kind of person I am. In college, I can determine what I can and cannot do. Plus, being in college, I can see how far I can go and what changes I can make to make a meaningful existence.

In addition, Sac High prepared me to withstand the teachings of college. Throughout my experiences at Sac High, I constantly learned from my teachers and the staff that college is no joke. High school may look tough, but actually, I have yet to experience the real deal. From the four years I have been at Sac High, I learned to be a more mature person and to accept my responsibilities. I learned to take on any obstacle and to do the best that I can. No one is perfect and we try our very best to make our dreams come true. However, if I put my mind to the path in front of me, I can achieve great things.

From my experiences, all I can say to the new seniors is that try your hardest in anything you do and make the right choices. Putting your best into the work that you do will bring about rewarding results. Make yourself proud by showing yourselves that you are great students with high potentials. Nothing can stop you, when your mind and body are working as one to reach the dreams that you have set for yourselves. On top of that, just think twice about making a decision. These decisions that you as students make will affect your lives now and in the future. Therefore, it is important to make sure that what you are deciding on has been fully understood. Overall, I wish the graduating seniors of Sac High the very best!

Sincerely,

Vong Thao  
*UC Berkeley*

## Class Reunions

### Upcoming Reunions

Class of 1940 (NEW!!)

Date: Saturday, April 25, 2009  
Location: Dante Club (2330 Fair Oaks, Sacramento, CA)  
Price: \$24/person  
Contact: Rita Doherty (916) 489-4832 or info to Mary Ellen Fort (916) 971-3434

Class of 1959

Date: Friday, October 2, 2009  
Location: Embassy Suites Sacramento - Riverfront Promenade  
Contact: Martin Mortensen [mmortensen@suddenlink.net](mailto:mmortensen@suddenlink.net)

Class of 1960

Date: September 24-26, 2010  
Location: TBD  
Contact: Donal Smith [sachighclass1960@sachigh1960.org](mailto:sachighclass1960@sachigh1960.org)

Class of 1969

Date: Friday, July 24, 2009 from 7-12pm (Doors open at 6:30pm)  
Location: Croatian American Cultural Center (3730 Auburn Blvd., Sacramento, CA)  
Cost: \$60  
Contact: Gilbert Ayala [Gilbertayala@hotmail.com](mailto:Gilbertayala@hotmail.com) or (916) 685-2865  
Chairlean (Berkley) Hampton [Chairlean@sbcglobal.net](mailto:Chairlean@sbcglobal.net) or (916) 204-8800  
Mike Radman [Mykeradman@aol.com](mailto:Mykeradman@aol.com) (916) 689-4685 or (916) 833-8060  
Rhonda (Rogers) Morris-Henderson [Rhondap2428@aol.com](mailto:Rhondap2428@aol.com) or (916) 425-0401  
Bruce Nelson [Hatch69@sbcglobal.net](mailto:Hatch69@sbcglobal.net) or (916) 448-8831

### Recent Reunions

Class of 1973

Date: November 8, 2008  
Location: Elks Lodge (6446 Riverside Blvd., Sacramento, CA )  
Contact: Linda Patton-Finch (916) 654-8701

Class of 1998

Date: November 29, 2008

Location: Cattlemens Restaurant (12409 Folsom Blvd., Rancho Cordova, CA)

Contact: Talaina Brown [talaina@bellsouth.net](mailto:talaina@bellsouth.net) or 678-760-6638

## Sac High In the News

### Recent Headlines

March 5, 2009

Sac High boys, girls reach goal: Arco Arena

The Sacramento Bee

<http://www.sacbee.com/preps/story/1673677.html>

February 27, 2009

Demanding early schedule pays off for the Dragons

The Sacramento Bee

<http://www.sacbee.com/preps/story/1657779.html>

February 25, 2009

High School Boys Basketball Playoffs

The Sacramento Bee

<http://www.sacbee.com/preps/story/1650277.html>

February 22, 2009

Donovan Ford Sweeps PWA Records

Ironmind Magazine

<http://www.ironmind.com/ironcms/morenewsv6.php?id=2861#2861>

February 11, 2009

Three-headed monster attacks

The Sacramento Bee

<http://www.sacbee.com/sports/story/1615629.html>

January 29, 2009

Catching up: Fred Ellis

The Sacramento Bee

<http://www.sacbee.com/sports/story/1581412.html>

Go Dragons!

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