

THE DRAGON PRIDE

Hello Dragons!

Welcome to the 8th edition of the Sac High Alumni Newsletter. The purpose of the monthly newsletter is to provide updates on current Sac High events affecting the alumni.

Sac High in the News

Weightlifting Legend Kono Returns to Sacramento Roots

KXTV Ch. 10 8/5/06

<http://www.news10.net/storyfull2.aspx?storyid=19170>

The Ball's in Sac High Star's Court
Sac Bee 8/9/06

<http://www.sacbee.com/content/sports/story/14291683p-15127990c.html>

St. HOPE Harlem

Capitol Public Radio 8/1/06

<http://capradio.org/programs/insight/default.aspx?showid=2204&programid=10>

St. HOPE Expands to Harlem
Sac Bee 7/27/06

<http://www.sacbee.com/content/news/story/14282456p-15090373c.html>

The Sac High Alumni Association is looking to expand its membership base and recruit volunteers to help coordinate events.

Please contact:
(916) 649-7900

ST. HOPE HARLEM

Seventeen years to the month from the date the organization was founded, ST. HOPE announced that it will expand beyond Oak Park and into New York City as part of a historic partnership with the city's Department of Education. St. HOPE's initial role in NY City will be the revitalization of the Choir Academy of Harlem, a struggling inner-city public school serving approximately 500 students. Kevin Johnson, founder and CEO of St. HOPE, is very excited with yet another great opportunity to help our students succeed. "I'm thrilled to make New York City



and the Choir Academy of Harlem St. HOPE's first expansion site, and I look forward to hearing more from the school community about their hopes and dreams for the school," Johnson said. On the other side Joel I. Klein, Chancellor of the New York City Department of

Education, also showed his enthusiasm for St. Hope's arrival in their city. "We look forward to working with St. HOPE, and are confident the students of the Choir Academy will benefit from Kevin's vision and leadership," Chancellor Klein said.

BACK TO SCHOOL!

The Dragons are back for another exciting year at Sac High. Opening its doors on August 1st, Sac High staff welcomed new and returning students for the 2006-2007 school year. Enrollment is up with waiting lists for three of the four small schools including School of the Arts, School of Business and Communications, and the School of Math, Engineering and Health Science. Meanwhile, more students are enrolling at the Sac High front office everyday!

SAC HIGH GRADUATES OF 1956!

*Sac High
Class of 1956
50 Year Reunion
Saturday
Oct. 28, 2006
Hilton Hotel
5:30-Midnight*

The Sacramento High School class of 1956 is looking for Dragons to attend their 50 year reunion. The tentative price is \$50 per person. Reunion coordinator Ann (Quackenbush) Cunningham noted, "We are still missing many classmates. If you are in touch with anyone from our class, please ask them to

contact us." So please pass this note on to your friends and family who might know someone in the class of 1956. For more information contact Ron Bacher at (916) 422-5583, or Ann (Quackenbush) Cunningham at (916)771-3411. Ann can also be reached by e-mailing anniequack1@yahoo.com

Planning a Sac High Class Reunion?

Let us know so we can include it in an upcoming edition of the Dragon Pride!

Contact the us at
(916) 649-7900

ALUMNI OF THE MONTH-TOMMY KONO

Sac High class of 1948 Tommy Kono is known as the World's Greatest Weightlifter. He set records in four different weightlifting classes including light-weight, middleweight, light-heavyweight and middle-heavyweight. He won Gold medals at both the 1952 and 1956 Olympic Games, and a Silver medal at

the 1960 Olympics. He won 8 straight world titles from 1953 - 1959 and set 26 world records. Also a successful body-builder, Tommy was awarded the Mr. Universe title several times. Tommy is also known for his success as an Olympic coach and as one of weightlifting's most prolific

writers, photographers, and equipment designers. After more than 50 years, Tommy paid a recent visit to Sac High to meet with several athletes and provide guidance to the new Sac High weightlifting team, which is primarily comprised of football and basketball players.



World's Greatest Weightlifter Tommy Kono visits with Sac High students.

SESQUICENTENNIAL ACTION!

The 150 Year Alumni Committee is looking for a few good Dragons to help out with planning this year's big 150 Year celebration! We also need your help finding and registering more Dragons. Please tell your friends to register online at:

www.sachighalumni.org

Tentative Events

- ◆ Alumni Picnic
- ◆ Sac High Homecoming
- ◆ St. HOPE Dinner
- ◆ Turkey Day Game
- ◆ St. HOPE Classic
- ◆ Alumni Basketball Game
- ◆ 150 Year display at Sutter Club
- ◆ Alumni Mixer
- ◆ Alumni Dinner
- ◆ Best of Sac High Art Show
- ◆ Alumni Golf Tournament
- ◆ Alumni High Tea

150
SACRAMENTO HIGH SCHOOL
◀ one hundred fifty years 1856-2006 ▶

What would you like to see in The Dragon Pride Newsletter?

Please call or email us with suggestions and ideas.

(916) 649-7900